

ACTIVITY REPORT



Our Mission

Sun Youth helps individuals and families in need by providing them with a range of emergency services aimed at ensuring basic needs while maintaining people's integrity. Sun Youth also contributes

to the prevention of crime and encourages individuals' physical and intellectual development through education, sports and recreational activities. Sun Youth promotes such values as solidarity, sharing and social inclusion.

Mainly servicing communities of the Greater Montreal, Sun Youth provides emergency services such as food, clothing,

medical, material or financial assistance in situations of low-income or during disasters. The organization collaborates with municipal authorities and police forces to ensure safety in our neighbourhoods through crime prevention efforts in schools, on the streets or in the community in general.

In order to promote youngsters' physical, social and intel-

lectual development, Sun Youth coaches sports teams to a competitive level and supports the school education of those who play in the teams. Sun Youth also offers children recreational programs and a day camp in the summer, with the possibility of subsidizing participation fees according to parents' revenues.

A Word From Our Founders

A wind of change blew over Sun Youth in the past twelve months. Over the last 64 years, our organization has always adapted to different situation and made the best out of them. Sun Youth was created in the backstore of a shoemaker shop on the Plateau Mont-Royal, the first headquarters for the disadvantaged youngsters we were then.

Our organization then expanded, and the range of services and programs that we offer got more diverse as we moved to a bigger location on the corner of Mont-Royal and Parc Avenues, in 1967. In 1981,

the building on Saint-Urbain in which we currently stay became our new home. It's during that same year that we created Montreal's first food bank.

In the months to come, a new page will be added to our story as we are searching for a new location. We wish to stay in the area in which our organization was born. We trust that the best solution will come to us and that we will be able to continue to help the Montreal community, as we have since the beginning of Sun Youth in 1954.



EMERGENCY SERVICES

Food Assistance

Sun Youth's food bank ensures low-income families and individuals in emergency or precarious situations have access to food and other basic necessities. This service includes emergency food baskets, monthly food supplements intended for vulnerable people (seniors) or those who have special needs (pregnant women, individuals with HIV and people eating kosher food); home deliveries; Christmas and Chanukah baskets.

In 2017-2018, 24,737 food baskets were distributed to 7,125 families, comprising 18,865 individuals. In addition, 4,121 Christmas baskets were distributed between December 16th and December 24th, 2017, for a total of 28,858 food baskets for the whole year.

The food given away in 2017-2018 is valued at \$2,634,609 and the average value of a food basket at \$90.72, a 5 % increase compared to the previous year. Since the financial crisis of 2008, the number of people who use Sun Youth's food bank increased by 37%.

Emergency food baskets and monthly food supplements account for 78% of all food assistance given. Christmas baskets and home deliveries represent 14% and 8% of all of Sun Youth's distributions.

Since January 2017, our food bank users have the possibility of selecting their items themselves with the assistance of volunteers. They are thus able to prepare food hampers that cater more to their needs.

Overall, 39% of our food bank users are children and teens aged 18 years old and younger. Of this number, 80% are under the age of 10. In addition, the seniors aged 60 and over represent 9% of all food bank users.

Food assistance is made possible thanks to donations from the public and to the generous support of private foundations and the financial contribution of the City of Montreal and the Ministère de l'emploi et de la solidarité sociale to our «Feeding Hope» program. Sun Youth is able to count on the generosity of 7,007 donors to support the community and its needs.

We are especially grateful to Moisson Montréal with whom we partnered in May 2016. We are also among the 87 organizations benefiting from Moisson Montréal's Supermarket Recuperation program which allows the redistribution of meat. In 2017-2018 they gave us 155,855 kilos of food valued at 1,205,781\$.



The tomatoes from our garden were succulent!

Fresh Vegetables

Over the last few years, Sun Youth has undergone a slow but steady move towards increasing the amount of fresh produce in its food baskets. It began with ensuring that all families visiting our food bank leave with milk and eggs, but also fresh fruits and vegetables.

The garden created on the grounds of the Sun Youth warehouse through the renewed financial support of the Foresters Financial group and the volunteer involvement of its members grew 1,384 pounds of vegetables for Sun Youth's food bank users. So far, more than 3,000 pounds of fresh

food has been harvested since the creation of this community garden. Added to this harvest, McGill's Macdonald Campus and the Fiddlehead farms provided fresh vegetables to Sun Youth all summer long.

Furthermore, for the third consecutive year, Sun Youth received organic vegetables grown in Montréal thanks to the Regroupement Partage's project "Cultiver l'espoir". The social integration group in organic farming, D-3-Pierres, has grown 120,000 kg of organic vegetables on 5 hectares of Bois-de-la-Roche farmlands in Senneville.

Home Deliveries

For nearly two decades, Sun Youth has been delivering food to people who otherwise would not be able to obtain it. The program was designed to meet emergency food needs of people facing reduced mobility and social isolation who are referred by a health professional. With a financial contribution from Ville-MESS, we were able to maintain and expand our home delivery food program. In 2017-2018, we delivered 3,154 food baskets, an increase of 10% compared to 2016-2017. Home deliveries are also made possible by Houle Toyota, the Montréal car dealership lending us two vehicles every year, one of which

is used to perform home deliveries (the other used in our interventions with crisis victims).

We were also able to maintain our "Breaking Isolation" program, where our employees and volunteers visit socially isolated individuals at their residence, in order to assess their level of solitude. These visits allowed our staff to gain a better understanding of each client's situation and needs, and to formulate concrete personalized response plans to assist the individuals most affected by social exclusion. This year, we helped 83 people through our "Breaking Isolation" program.



Collective Kitchen

The idea of starting a collective kitchen as a way to offer a new type of service to its clientele and to encourage their food autonomy and security had been simmering in the back of Sun Youth's mind for a long time. Started three years ago, this fun culinary activity was a chance to gain useful knowledge, develop new skills and enhance their autonomy.

The collective kitchen is intended for anyone who cares about nutrition and keeping healthy food habits. It also gives participants an opportunity to get involved in the community sharing values of solidarity, equity, mutual support and social justice. In 2017-2018, 275 people participated in the collective kitchen, preparing 584 portions of varied meals. They were not asked for a financial contribution to take part in the program.



President Marie-Josée Coutu presents the annual donation from her foundation.

Medication Program

The medication program is intended for low-income individuals covered by the Quebec Public Prescription Drug Insurance Plan. This service helps pay the bills for prescription medication and medical equipment not reimbursed by the Quebec Public Insurance Plan up to the maximum required monthly

contribution. In 2017-2018, 321 people benefited from this program for a total value of \$26,449. This program is made possible thanks to the support of the Association québécoise des pharmaciens propriétaires (AQPP) and the Fondation Marcelle et Jean Coutu.

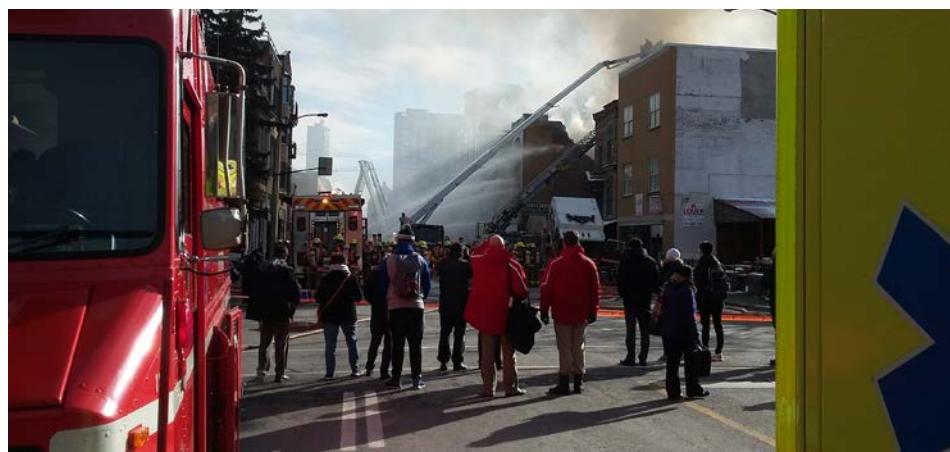
Assistance to Disaster Victims

Since the mid-1990s, Sun Youth has responded to major disasters affecting the population here and abroad.

Sun Youth, in partnership with the Montreal Fire Department and the Quebec division of the Canadian Red Cross, helps disaster victims throughout the City of Montreal by providing instant food, material and financial assistance. We intervene during disasters at all times and, the following day, all people affected by the disaster receive

personalized assistance until they are able to resume their normal life.

In 2017-2018, our emergency teams were at the scene of 201 fires and other disasters and helped 346 families for a total of 688 persons. The assistance provided to these families is valued at \$121,056, including various types of assistance. This program is also made possible through the support of Houle Toyota which provides the vehicle we use for our many interventions throughout the city.



An intervention at the scene of a fire in Montreal.

Floods & Migrant Arrivals

In May 2017, Sun Youth assisted many people during the floods that affected the West of Montreal, especially in Pierrefonds. We arranged for transportation so that people could go to work, to school and thus allowed several children to finish their school year. Flood victims were also helped clearing out their damaged homes. When a ten-floor condominium building was out of electricity, our volunteers were at the scene, carrying the residents' personal belongings out of the condos despite the absence of light and the non-functioning elevators. We were also able to buy a new pressure monitor for an elderly man who lost his during the flood. We wish to thank our partners

such as Des Sources Dodge Chrysler, who lent us two minivans in order to provide transportation for victims.

Over the last few decades, we have witnessed several waves of immigration during which we have always been able to mobilize in order to respond adequately to the demand. This was the case this summer with the arrival of migrants. During this period, we helped a hundred people. In addition, we donated 600 transportation coupons and 105 meal coupons from McDonald's restaurants through the City of Montreal's Emergency Department.

Children and Students Assistance Program

Sun Youth has developed several partnerships with health and social services organizations (*Centre hospitalier universitaire Sainte-Justine*, the Montreal Children's Hospital, le *Centre Jeunesse de Montréal-Institut universitaire*, Batshaw Youth and Family Services) who work with children and their families as well as with school institutions. In 2017-2018, 324 families for a total of 1,230 individuals were referred to Sun Youth by these organizations. The assistance provided to these families is valued at \$300,524.45. Funding for this program came from the Marcelle et Jean Coutu Foundation.

In 2016 the City of Montreal announced its Child Policy (*La politique de l'enfant*) with a \$25 million budget over 5 years to help children facing difficult situations, calling upon the support of major organizations across the city including *Le Club des petits déjeuners*, *La Fondation du Dr. Julien*, *Réseau réussite Montréal*, *Le Quartier des spectacles*, *Espace pour la vie*, the *Musée des beaux-arts de Montréal* and MU. In 2017-2018, Sun Youth assisted close to 920 children from 30 different Montreal elementary and high schools by providing them with school supplies, new clothing, free eyeglasses, access to medication and dental care. The assistance provided is valued at \$75,738.22. We would like to thank the Jean Gaulin Foundation for its generous contribution of \$ 25,000.

Family Assistance program

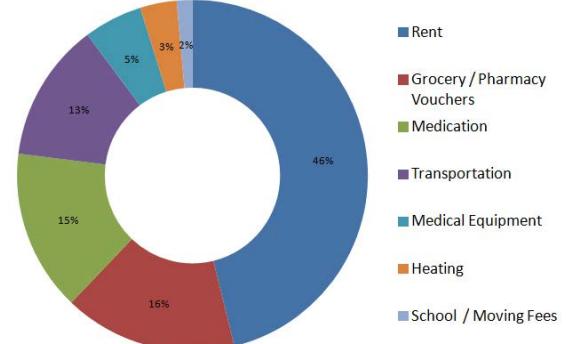
Sun Youth also receives referrals from CLSC's and hospital social workers for families who are in a dire financial situation following events such as suffering from severe illness, the death of a spouse or the risk of an eviction. In 2017-2018, we helped 70 families by paying their rent, medical equipment and school fees, for a total of \$53,355. This was made possible in part thanks to the Jean Gaulin Foundation.

Heating Assistance Program

Sun Youth provides assistance and financial help to low-income families and individuals having difficulty paying their utility bills (electricity and heat). Utility expenses will usually represent a high proportion of their household income. For 2017-2018, we assisted 39 families in their negotiation with Hydro-Québec. During the 2017-2018 winter season, 5 families received heating oil thanks to the support of the industry; the following heating oil companies, all of whom are members of the *Association Québécoise des Indépendants du Pétrole*, offered free heating oil to people in need: *Pétroles Parkland* and *Groupe Énergie BDL Inc*. The company contacted by Sun Youth generally provides the equivalent of half a tank. Also in 2017-2018, \$8,096 were paid in heating bills for less fortunate families in emergency situations thanks to our Valentine's Day fundraiser at le Robin des Bois.

Financial Assistance

Sun Youth provides assistance and financial help to low-income families and individuals having difficulty paying their bills. In total, for 2017-2018, we paid over \$173,000 in bills, 46% of which were housing related, 29% in transport and food and medication, 20% health related, 3% in heating fees and 1% in school fees.





A well-deserved reward for this young recipient!

New and Used Bike Give Away

Every year Mr. Bike Man, an anonymous benefactor, celebrates his birthday by giving away new bikes, safety helmets and a bicycle locks to deserving children through the Sun Youth Organization. He wishes to honor these young people so that they can serve as an example to others from their generation. For this 33rd distribution, Sun Youth's Bike Committee received hundreds of applications, many of which told wonderful stories about amazing youths. Whether they saved the lives of other people, overcame disabilities, sickness or other difficulties, helped others through vol-

unteer work, prevented bullying, or even organized fundraisers, these young ambassadors demonstrate the importance of the program's existence. On June 7th, 2017, 83 youngsters were rewarded for being a positive force in the community or for being courageous in an emergency situation.

Sun Youth has been redistributing refurbished bicycles to underprivileged families in the Montreal area for the last 11 years. In 2017-2018, 56 of these bikes were distributed.

Material Assistance

Sun Youth regularly receives donations of dishware, bedding, small household appliances, such as microwave ovens, radios and other home items. These donations are distributed to disaster victims and to Sun Youth's low-income clientele. It is also possible to buy used books, films and CDs at very affordable prices. Profits are used

to finance our services.

In 2017-2018, Sun Youth also redistributed household accessories, new clothes, furniture and appliances for a total value of more than \$296,503 thanks to the contribution of several donors and anonymous companies.

School Supplies Distribution

For parents, August usually means getting their children ready for back-to-school. Armed with their school supplies shopping lists, they go around the various stores (that all seem to put out their back to school displays earlier each summer), hoping to get the best deals on those essential items for their children's new school year. Depending on each school's requirements, the final bill may be hard to swallow, especially for low-income families.

Thankfully, Sun Youth distributes school supplies every year to children in need. This year was no exception with some 500 children receiving school supplies on August 21st and 22nd, 2017. This charity event would not have been possible without the donations of the public and the generosity of companies such as RBC Dominion Securities, who donated \$8,000 to our organization just in time for school.

Christmas Baskets Distribution

By December 24th, 2017, 4,121 families (12,363 people) received assistance from Sun Youth, with food for the Holiday period and with some 4,500 brand new toys given to children 12 and under. Out of these, 896 people with reduced mobility received a home delivery either from Loyal Express Transport or the Stationnement de Montréal agents.

Families who were able to come to Sun Youth were treated to surprises such as a draw to win a new bike or a soccer ball, and the presence of famous characters like Spider-Man, Hulk, Chewbacca, Superman, Wolverine and countless others.

Sun Youth's Holiday Campaign is not only essential for the success of the Christmas Basket distribution, but also in allowing the organization to support its clientele during the first three months of the year, a crucial and difficult period for low-income families.

The Christmas basket distribution at Sun Youth has been a tradition for over 33 years. Sun Youth would like to thank all of its donors and volunteers for their time and effort in making this wonderful campaign possible. Special thanks to La Grande Guignolée des médias and its partners, le Groupe Jean Coutu, Provigo, Maxi et Maxi et cie as well as Via Capitale, Les Producteurs de lait du Québec for their annual 15,000 liters of milk donation. Sun Youth would also like to thank all the volunteers who animated the distribution and thus put smiles on the faces of young and old alike.

Special thanks also go to the organization's anonymous donor «Toy Man» who allowed a hundred underprivileged children to go toy shopping at a Montreal Toys «R» Us store and pick the gifts they truly desired, making him a real-life Santa Claus!

Clothing Giveaway

Back to school is also synonymous with new clothing. Youngsters, especially teenagers, want to look their best for the new school year. Once again, Sun Youth had a thought for them. As is now an annual tradition, Sun Youth distributed brand new clothing in adult sizes to underprivileged families on August 15th and 16th. In total 2,200 people received new clothes, many now able to use the money they saved to pay for other necessities such as school supplies.

For Sun Youth, caring for these parents means contributing to a better future for their families. Such a charitable event would not have been possible without

generous donations of clothing and renewed support of Modern Eternity Maternity Coats and Apparel, VF Imagewear Canada Inc., and L'équipe Spectra to whom Sun Youth expresses its sincere thanks.

Moreover, through its clothing bank, Sun Youth offers free second-hand clothes to the underprivileged people from the Greater Montreal area. A contribution of \$3 is requested to support the running costs of this service. However, people in extreme situations are exempted as a result of the authorization of a counselor. More than 150 families visit our clothing bank on a weekly basis.

Prescription Glasses

Thanks to the support of its partner, the optician Philippe Rochette (Le Bonhomme à Lunettes), Sun Youth is able to offer eye glasses at no cost or at a reduced

price to low-income individuals who are not covered by public or private insurance plans. In 2017-2018, Sun Youth helped 28 clients get 20/20 vision!



CRIME PREVENTION



Our Partners

The 33rd edition was made possible thanks to the support of private businesses and the Federal Government and Thomas Mulcair, leader of the NPD, as well as the Quebec Ministry of Public Security and Jacques Chagnon, President of the National Assembly.

Local businesses also made an indispensable contribution to the Bike Patrol, including Dorel Industries, who supply the durable mountain bikes used by Sun Youth's patrollers throughout the summer and Moishes restaurant, who generously provided this year's uniform. The Sun Youth Bike Patrol is also made possible by the financial support from the Gustav Levinschi Foundation.

Bike Patrol

The Sun Youth Bike Patrol made a strong comeback for another summer. From June 5th to August 11th, 2017, patrollers acted as the eyes and ears of the Montreal Police and were present on streets, bike paths and parks, emphasizing a sense of safety and community in the public spaces of the Greater Montreal area.

For this year, the team was composed of 22 young adults and 4 teenagers who were trained in first aid, working in collaboration with police officers from 9 local police stations. As usual, the patrollers brought assistance to people who were facing problematic situations.

For instance, with the flooding the West-Island experienced during the spring, two additional bike patrollers were assigned to help victims in the Pierrefonds-Roxboro borough. In fact, the residents were very pleased with the presence of Sun Youth's patrollers who helped them during these difficult times. They were also present during the Montreal Symphony Orchestra concert, a fundraising event to support these victims.

The team also spent a lot of quality time with senior citizens. They organized zootherapy activities, walks, visits, corn roasts and

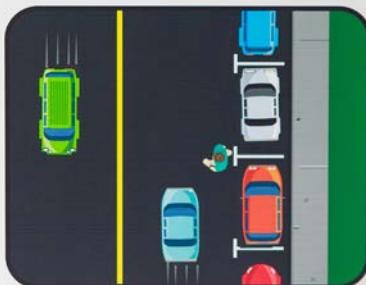
strawberry festivals to name just a few. They also organized a physical activity program for seniors living at the Ukrainian Residence of Montreal.

In addition to their presence at festivals and community events, such as the MURAL Festival, the Saint-Jean-Baptiste and Canada Day celebrations, patrollers organized many sports tournaments for children from various day camps including Sun Youth's. (See the highlights below.)

Finally, Toyota Gabriel and General Director Nazih Chemali provided the patrol with a Toyota Corolla, allowing the coordinating staff to oversee the activities of our patrollers. Mr. Chemali has been working with Sun Youth since 1997, faithfully supporting the organization year after year. Sun Youth wishes to thank Nazih Chemali and Toyota Gabriel for their precious support.

JE PEUX TRAVERSER LA CHAUSSÉE N'IMPORTE OÙ, À CONDITION DE REGARDER DES DEUX CÔTÉS AVANT DE LE FAIRE.

Vrai ou faux ?



Faux

Un piéton ne peut pas traverser la chaussée n'importe où et n'importe comment. Vous devez vous rendre à une intersection ou utiliser un passage piétonnier. S'il n'y en a pas à proximité, vous devez céder le passage aux véhicules routiers et aux cyclistes avant de traverser.



8201

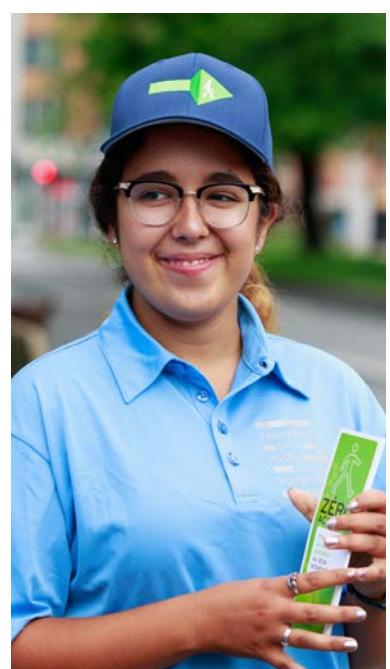
Total number of violations to the Safe cycling guide assessed by our Bike Patrol.

were held during the summer.

Awareness campaign on pedestrian safety - Our patrollers have participated in special police operations aimed to help the seniors. One of these operations was the SPVM and the Société de l'assurance automobile du Québec (SAAQ) awareness campaign on pedestrian safety. The purpose of this initiative was to educate the public on road safety. During their mandate, 24 of Sun Youth's patrollers were able to meet pedestrians to provide advice on the Highway Safety Code.

Special Events - Throughout the year, the patrollers were often in demand for special events. This year, they volunteered for the following events: Romeiros-Portuguese Pardon March, Sun Youth's Bike and Clothing Giveaway, Tour de l'Ile, MURAL Festival, our Annual Golf Tournament and first Bike-A-Thon.

Fundraisers - Extra funds were raised through car washes organised in the Greater Montreal Area. The atmosphere was one of a kind at each car wash and donors were generous. A big thank you goes to Shell Kirkland and to Provigo St-Laurent which worked in collaboration with the bike patrol program.



Police As Our Partners





Youth & Social Mentors

For 16 years now, Sun Youth's prevention against intimidation and resolution of conflicts program provides schools with additional human resources. The social mentors work hand-in-hand with the school staff and share their expertise in order to foster positive relationships between students. They give advice and also organize recreational extracurricular activities.

In the short term, every student benefits from the program as it helps counter bullying and intimidation, strengthens social ties and develops team spirit. This year, 4 of our mentors were working in 4 schools; Bancroft Elementary School and LaurenHill Academy, LaurenHill Junior Campus and Sinclair Laird Elementary. These schools provide an elementary or high-school education to 1,967 students in the Montreal area.

Sun Youth's mentors face different challenges depending on the school. They have to adapt their interventions to the specific needs of every classroom or every student. Their interventions include group workshops on leadership, mediation by students' peers, conflicts resolution and social skills enhancement (sports, food drives for the needy, school newspaper, etc.). As for individual interventions, they focus mainly on help for homework and on mediation.

The social mentors' integration in schools and the teachers' support are a guarantee of success. Social mentors are chosen not only for their qualifications but also for their interpersonal skills. Other schools are showing an interest in this program. Sun Youth is thus looking for additional funding.

11 ACTIVE REWARDS

Assistance to Victims of Criminal Acts

In 2017-2018, 26 victims received financial support for a total value of \$2,642. The amount of money allocated is determined according to the victim's needs. This fund acts as a supplement to the aid provided by government to the victims of violent crimes and their families.

After a financial evaluation, a person registered in the program may be compensated for the following expenses: monthly rent, electricity, heating, medication, and public transportation passes. Sun Youth allows victims to use its food bank services as well as to receive free clothing and hygiene products. Sun Youth also helps victims rendered homeless to quickly find temporary housing.

Sun Youth, the Montreal Police Department (SPVM) and the Assistance Centres for Victims of Crime (CAVAC) joined forces to fight against human trafficking and sexual exploitation. Our Crime Prevention Department helps these victims, mostly women, by offering, among other things, food and clothing and sometimes even paying for their relocation. The Survivors is an innovative prevention project and we are proud to be part of it.

26%

Success rate of rewards offered through Sun Youth.

Rewards

Citizens interested in the solving of certain criminal investigations donate sums of money to be offered by police forces as rewards to individuals providing information leading to the arrest and conviction of wanted criminals or to the location of a missing person. All rewards are first approved by the police force in charge of the investigation. They are offered for a limited period of time after which, as decided by the donor, they are renewed, or the funds given back to the donor or used in other crime prevention activities like in providing assistance to victims of criminal acts in particular. Sun Youth is the sole manager of these rewards. It acts as an intermediary between the anonymous donor and the police force in charge of the investigation and ensures that the reward can be made available to the police force, if necessary. Investigators are the ones who decide whether it is appropriate or not to grant a reward as well as the amount to be paid.

Created in 1991, Sun Youth's rewards program carries on thanks to a steady partnership with the City of Montreal Police Department (SPVM). Since then, other police forces have joined this Sun Youth program: the Quebec Provincial Police in 2009 (Sûreté du Québec), the Ville de Laval Police Department in 2011, the Longueuil Area Police Department in 2012 and the Ontario Provincial Police in 2014. Since its creation, Sun Youth's rewards program has helped solve 26 criminal investigations and cases of missing persons, corresponding to 26% of all investigations for which a cash reward was offered. As of March 31st, 2018, the rewards granted amounted to \$100,000.

SPORTS & RECREATION



The Bantam AAA Hornets football team celebrating their victory at the 2017 Provincial Championship.



The Midgets won for the first time since 2003, ending a 15 year drought.

Football Season 2017

The Hornets finished off the regular season in the Quebec Bantam Football League (QBFL) with a team record of 8-2 and had an extremely difficult road to the Interprovincial Bowl.

The Hornets had to play the only two teams that beat them in the regular season, first the St. Leonard Cougars in the semi-finals and then the St. Bruno Barons in the QBFL finals. The Hornets were able to outlast the Cougars in the semi-finals, winning 31-22 in a game that had several lead changes.

The QBFL finals was a revenge game for the Hornets having lost to the Barons in the finals two years previously and in the regular season. The Barons wasted no time scoring a Touchdown (TD) on their first drive going up 7-3, but the Hornets defense was able to hold them to that single score in the first half finishing 7-6. In the second half Hornets receiver #80 Alexis Labossiere Espinal caught a pass running it back 50+ yards for

a TD, putting the Hornets up 13-7, but the Barons were to tie it 13-13. In the fourth quarter, the Barons were unable to get the ball back.

The Hornets advanced to Interprovincial Bowl against the Kanata Knights from NCAFA (National Capital Amateur Football Association from the Ottawa area), which were held at Carleton University. The Hornets proved to be too powerful for the Knights to compete with, ending in 31-6 win for the Hornets.

The overall performance by all the Hornets football teams all making the playoffs demonstrates great promise for next year's season as the coaches will have plenty of talent to work with. The Sun Youth football coaching staff was recently named the La Presse+ "Personnalité de la semaine" highlighting their volunteer efforts for the season.

This year three of the Sun Youth Hornets basketball teams won Montreal Basketball League (MBL) championships, proving that hard work really does pay off.

Sun Youth's Midget AAA, Mini AAA and Mini AA all earned their wins in 3 hard fought-games. Both AAA team wins were particularly important because of the club they beat. Knocking off the Park Ex Knights in a finals rematch for the Minis was a huge comeback story. Then there were the Midgets winning for the first time since 2003, ending a 15 year drought. For several years now, Park Ex has been at the top of Montreal's amateur basketball scene winning at every level. That came to end thanks to the perseverance of the Midget & Mini AAA teams, who knocked off the reigning champs. The midget team won thanks to the performances of three players in particular: Malakai Whittaker, Jaheem Antoine and Michael Mukuna who scored a combined 72 points with Malakai scoring a game high 34 points to beat Park Ex (84-78).

The return of Sun Youth basketball program to prominence came during a particularly tough time for the organization. Halfway through the season, Sun Youth's gym roof began to leak rendering the it unusable for home games, playing the remainder of the season on the road. Mini AA beat the LaSalle Boys and Girls Club (38-33), a solid base for the AAA teams going forward. Sun Youth wishes to thank the many volunteers, coaches and support staff, for their outstanding commitment to the youth and congratulates the athletes for their well-deserved victories in the Finals!

Holiday Basketball Tournament

Fans were treated to a fantastic 37th Sun Youth Basketball Holiday Classic December 14th to 17th, 2017. Concordia University generously played host to most games, with École Secondaire St-Laurent helping out as well spreading the good word about Sun Youth was at the forefront, as people donated generously to the cause.

Standout performances included fireworks from Sun Youth high-flying alums Edsens Paul (Arlington Country Day, Florida), Eze Dike-Nwagbara (Kimball Union, New Hampshire) and Lambert Kikundule (Champlain Lennoxville, Quebec). Repeat MVP Quincy Guerrier and the others played under the watch of several NCAA and U-Sport scouts, another sign of the event's draw. The juggernaut coach Igor Rwigema has built in Thetford proved unstoppable. A tough Brébeuf team only relinquished

the lead in the last minute of the semi-final; Notre Dame brought a physical unforgiving edge to the final; but Thetford Gold's depth, shooting, and star power were too much as they stormed to their second consecutive Holiday Classic Championship.

Big props to all participating teams and coaches. The tournament would not be the success it is without the fantastic support of our fans, donors and sponsors: Dagwood's Subs, Seasoned Dreams, Recettes en Pots, Monster Stuff, Concordia Bookstore, Concordia University Athletics & Coach Rastko Popovic, Concordia University, École Secondaire St Laurent; and a big shout-out to the MMBRA referee's association for helping deliver another outstanding edition of the Classic. North Pole Hoops and Hoops on the Rise provided thorough top-level coverage.

**FOOTBALL
COACHES 40
KIDS 140**

**BASKETBALL
COACHES 25
KIDS 120**

**HOCKEY
COACHES 15
KIDS 105**

**BASEBALL
COACHES 4
KIDS 35**

SLAP Hockey

Hockey was one of the first team sports organized by Sun Youth. Still today, this passion is part of Sun Youth's Sports & Recreation programs such as the SLAP Hockey program.

It is through the collaboration of Park-Extension Youth Organization (PEYO), the Quebec Avalanche Hockey Club and Sun Youth Organization that the program was established in 2005. Its mission is to introduce children, aged between 5 and 13 years old, to the fundamentals of the sport. The participants are first taught basic skating skills and eventually progress to proficiency in team concepts while focusing on their education.

From September 2017 to April 2018, 70 young players registered to the Park-Extension program which was held at the Howie-Morenz Arena. Through this hockey

development program, the young players have two training sessions a week, during which they compete in intra-team matches. The objective is to provide them with a positive, enjoyable and safe experience in a structured and non stressful environment under the supervision of 11 volunteer coaches.

Since October 22th, 2016, in collaboration with the Pierrefonds-Roxboro borough, the SLAP program has expanded and is now available to young residents aged between 5 and 11 years old. Thanks to the City of Montreal, the Pierrefonds-Roxboro Borough, the LFA's (Ligue Féderale des As) annual contribution, 4 volunteer coaches and the support of the community, 30 sessions were held during which 35 kids laced up their skates and jumped on the ice of the Sportplex Pierrefonds this year.



PALS Baseball Program

Since the summer of 2017, Sun Youth has been offering, in collaboration with Baseball Pierrefonds, the Pierrefonds-Roxboro Borough and the City of Montreal, an introduction to baseball program called PALS.

The goal of this development program is to introduce young people from disadvantaged backgrounds to the practise of a sport that would otherwise be inaccessible to them. PALS teaches them the basics of baseball and helps them develop their skills and team spirit.

The goal is to allow kids to thrive in a structured, safe, fun and educational environment under the supervision of volunteer coaches.

For this very first edition, 35 children, aged 5 to 11, participated in the program during the summer season. The training sessions were held on Saturday mornings at Aragon Park in Pierrefonds.

This new development program would not have been possible without the support of its Mayor and City Councillor, Mr. Dimitrios Jim Beis, and the City of Montreal, which allowed many children to become future baseball players.

224

Number of children who took part in a sports development program.



Seniors Club

With its 30 members, the seniors club organizes fundraising events (like its annual bazaar) to finance its own activities, such as the on-going weekly bingo. Otherwise, the senior club's activities vary: cultural outings, theme lunches for

Valentine's Day, Fathers' and Mothers' Day, Easter and Christmas. The club's registration fees and fees charged for outings and activities are kept as low as possible.



CAMP

Basketball Camp

Every summer, during our Summer Basketball Camp, beginners have the chance to learn the basics of basketball while those with more experience can perfect their game for the tryouts. This year, boys and girls aged 8 to 12 years old had a very busy summer with numerous friendly basketball games and various types of physical training aimed at improving their skills, their strength and their stamina, all under the supervision of volunteer coaches. This year, the camp was held from June 26th to August 11th, 2017.

The basketball camp hosted special guests with expertise as both players and coaches. This summer, young athletes were very happy to be coached by sports trainer Kim Chapdelaine, as well as former Sun Youth Hornets players Lizanne Murphy and Eze Dike-Nwagbara. These "coaches for a day" offered youngsters motivational tips on how to improve their game, their attitude and their self-confidence to push their limits both on and off the court.

Basketball camp was also an excellent opportunity for regular Hornets players and potential players to improve their skills so they might join AAA teams in the coming season. Moreover, Sun Youth once again held its basketball tryouts for athletes aged 8 to 17 years old wishing to join the big Hornets family. Once again this year, these tryouts exceeded all expectations.

125

Number of children who took part in our various Day Camps.

Aquatic Safety

Thanks to the cooperation of the Montreal Institute of Swimming, campers from 5 to 8 years of age were offered swimming and aquatic safety lessons at the Centre Sportif de la petite Bourgogne swimming pool. For 8 weeks, they learned valuable skills so they could feel safe during aquatic activities. Once again, the Bike Man, an anonymous donor, offered his financial support to Sun Youth for purchasing life jackets.



Sports trainer Kim Chapdelaine with the boys and girls of the Sun Youth Basketball Camp.

Day Camp

For a 24th consecutive year, Sun Youth has successfully helped 90 young Montrealers aged 5 to 12 years old spend a wonderful summer of discovery within its Day Camp.

Between June 28th and August 18th, 2017, young campers had the opportunity to make new friends and enjoy a ton of exciting and educational activities under the supervision of qualified counselors. The kids were divided by age in 4 different groups : 5-6, 7-8, 9-10 and 11-12.

Innovative, Sun Youth's Day Camp is constantly looking for ways to improve its programs. All summer the children were offered excursions, arts & crafts, theatre activities as well as picnics. They went on field trips including visits at amusement and aquatic parks and local museums. They also participated in sporting activities as well as road safety workshops such as Génivélo under the supervision of the Sun Youth Bike Patrol.

Urban Garden

This summer, Sun Youth once again helped to feed the curiosity of its campers with its urban garden. Tending to a vegetable garden introduces them to the pleasures of gardening while being sensitized to environmental issues. This activity also provides them with useful tools towards the protection of the environment and prepares them to become eco-responsible citizens. During the summer, they were able to grow vegetables and take care of them, all under the supervision of Sentier Urbain's animator. Once again, a portion of the food grown by the campers was used to prepare their meals while the rest went to the Sun Youth food bank.

Thanks to the unwavering support and weekly workshops of the Sentier Urbain and to the financial contribution of the TD Friends of the Environment Foundation, the Sun Youth garden, located at its headquarters, has become a place where campers are able to learn about ecology in a fun and constructive way.



COMMUNICATIONS

Our Influence in The Community

Every day, thousands of people walk through our doors, whether it is because they need help or want to offer theirs. Children come at Sun Youth to play sports and their friends and family follow. In the summer, parents leave their children in our care at our day camp in Montreal. Social workers, police officers, educators and teachers refer people to us every single day of the year. Some politicians consult us before making decisions. Sixty four years ago, Sun Youth's co-founders created a community newspaper, The Clark Street Sun. Now, Sun Youth benefits from the support of the Montreal media community which gives the organization great coverage.

Sun Youth is a founding member of the ROHCMUM (an association of humanitarian and community organizations concerned with emergency measures in Montreal). The organization presides over its Board of Direc-

tors through a designated representative. Sun Youth is also a founding member of the Referral Committee for Homeless Families of the Montreal Housing Agency and a member of both the Quebec Amateur Football Federation and the Quebec Basketball Federation. One of Sun Youth's cofounders is also the founder of the Quebec Midget Football League.

In 2017, we participated in the development of Montreal's Children's Policy. In addition, Sun Youth ranks among the top seven most trusted organizations in the field of social and community services according to the Épisode firm in its 2017 study of philanthropy trends in Quebec.

Right: A bike patroller presenting a workshop on road safety to day camp children. Below: newly elected Mayor of Montreal Valérie Plante visiting Sun Youth's headquarters on November 15, 2017.

Traditional Media Outlets

Sun Youth feels privileged by the interest that the Montreal media community has shown towards the organization for many years now. Whether it is through television or radio, or in the newspapers, Sun Youth's media visibility is an invaluable platform for broadcasting the organization's services and highlighting its mission. Traditional media outlets inform and reach diverse audiences. They are particularly accessible to families and economically less fortunate people.

Some donors allow Sun Youth to purchase media space in newspapers in order to issue important messages

through ads or columns. These appear every month in the Senior Times and The Montrealer newspapers. For special events, columns are published in the 24h and The Montreal Gazette newspapers. In addition, newspapers such as The Montreal Times, The Montrealer, The Gazette and The Suburban offer Sun Youth free space to publish news of interest or its activities calendar.

Our annual campaign with The Gazette, starring our volunteers, was once again a tremendous success with the public.



Social Media

Since 2012, Sun Youth has been gradually increasing its use of social media on platforms such as Facebook, Twitter, Instagram and LinkedIn.

The number of Sun Youth's Facebook's subscribers has now reached the threshold of 4,500. Moreover, our Facebook fans are still between 13 and 64 years of age, 54% of them are women and 52% are anglophones. We notice a high involvement from our followers as 62% of them regularly participate on our Facebook page.

For 2017-2018, the number of followers on our Twitter platform increased from 1,335 to 1,719, creating a rate of engagement of 29%. Also, during our busiest period - from November to January - we received 256,800 total impressions of Tweets. In addition, our tweet about the visit of newly elected Mayor of Montreal Valerie Plante in November 2017 had a 18,381 impressions, 28 retweets and 102 likes.

This year the number of our Instagram followers has doubled from 589 to 1,200. Instagram is the perfect medium



In 2017-2018 Sun Youth received a tremendous amount of positive coverage from traditional media such as La Presse+.

to reach our young athletes, their families, but also potential athletes. The post about our basketball teams winning the MBL playoffs reached 139 likes.

For LinkedIn, we are now at 297 followers, 42% of which are young graduates and senior executives from the management sector and foundations among other things. This platform is an excellent way to reach potential donors who each have rich networks.

Social media is getting Sun Youth closer to the community it serves. But the desired goal is to publicize Sun Youth's mission and services, gather people around the cause, engage and mobilize in the organization's projects and the needs of the community.

We collaborated with Postmedia and the Montreal Gazette to create content for social media. 4 video clips with 4 corresponding print and online articles

were produced, each presenting a different aspect of our organization. For example, the video about a mother and her daughter we have helped through our Children's Help Program generated an 2.17% engagement rated on Facebook while the video was viewed 94,328 times. Moreover, all three videos produced for this campaign greatly exceeded the social engagement rate benchmark of the industry.

Newsletter

Sixty years after its first issue was written, The Clark Street Sun was back in January 2014, but as a monthly newsletter under the name of "The Montreal Sun". The newsletter publishes Sun Youth's latest news, promotes the range of services offered and the activities of the Emergency Services, Sports & Recreation, and Crime prevention departments as well as upcoming events.

In 2018, the newsletter has reached 1,027 subscribers (60% francophone and 40% anglophone) which is a 21% increase from the previous year. The opening rate surpassed the threshold of 20% in March 2018.

1027

Number of people subscribed to the Montreal Sun.

Summer Ad Campaign

This summer, Sun Youth ran Summer ads to display our various summer programs with photos of the participants in each one. One of these ads showcased our Day Camp and a variety of activities in which the campers take part.

www.sunyouthorg.com

The arrival of Sun Youth in the online world goes back to the year 2004 during its 50th anniversary. At that time, it was a new way to reach a large number of users, both services beneficiaries and donors.

Today, it is an indispensable tool. Our website informs the com-

munity about the programs and services offered to the population, annual distributions and major events such as sports tournaments and fundraising campaigns. It also allows people to donate online, offer their services as volunteers, sign up for our monthly newsletter, and have accessed to our various social media pages.

For 2017-2018, we noticed a 16% increase in online donations on our website over the previous year. Moreover the number of subscribers to our social media pages has been steadily growing. We thus feel it is very important to deploy increasingly important efforts to be present and active on the web.

[SERVICES](#) [CONTRIBUTE](#)  [NEWS](#) [ABOUT US](#)

FUNDAMENTAL NEED

THANK YOU FOR ALLOWING US TO FEED SOME 2,400 FAMILIES EACH MONTH

[CONTRIBUTE](#)




Basic necessities for people in need: food and clothing banks, medication program, material assistance, annual distributions such as Christmas baskets and school supplies.
[LEARN MORE](#)


Programs aimed at preventing crime such as the Bike Patrol and social mentors in schools, a reward program, a "Good Samaritan" program as well as assistance to victims of crime.
[LEARN MORE](#)


Basketball and Football teams of all levels, a youth recreation center, a summer day camp for kids, a leisure club for the elderly and more.
[LEARN MORE](#)


Summer camp sessions for youths and for single mothers and their children, a "House of Wisdom" cabin for elders, a counsellors-in-training program for aspiring camp animators.
[LEARN MORE](#)

ADMINISTRATION

Human Resources

Thanks to the invaluable contribution of its human resources, Sun Youth is able to provide its help to the Montreal community. Whatever the role they play in the organization, all people at Sun Youth share a common ideal: a commitment to the values of sharing and caring.

These individuals are from different nationalities and walks of life, and it is not uncommon for someone who has benefited from our services to become a volunteer with the organization or to be hired as an employee. This helps to make Sun Youth an inclusive and diversified milieu.



Our Staff

Sun Youth employs about 65 people, and up to 115 during summer time when students on vacation are hired to work in our summer programs and activities. Some other people also attend Sun Youth as part of a training or employment integration program.

Our Volunteers

A team of 1,806 individuals lent a helping hand during the year. They have done 176,053 hours in volunteer work as coaches, youth leaders, counsellors or receptionists which is the equivalent of 80 full-time jobs (40 hours a week). Whether their tasks, they are at the core of Sun Youth's activities. During the Holiday Season alone, 913 individuals, including public figures, and 607 companies' representatives, volunteered 6,381 hours raising funds, collecting, sorting and distributing food as well as collecting, wrapping and distributing gifts.

This year Sun Youth changed its financial year. From April 1st, 2017 to March 31st, 2018, the organization Board of Directors met 5 times and once for the Annual General Meeting on February 1st, 2018. For 2017-2018, the Board of Directors welcomed 5 new members, creating a team of 10, all coming from different professional backgrounds.

Once again, Sun Youth was able to hire 2 summer students through Intégration Jeunesse's Valorisation Jeunesse Program. These students get solid training and practical experience under excellent supervision.

The 2017 National Volunteer Week took place from April 24th to 29th and to demonstrate its appreciation, Sun Youth organized a day at the Constantin Sugar Shack to celebrate and thank these invaluable people for their contribution throughout the year.

Social Integration

Four days a week, from 9:00 am to 3:00 pm, Sun Youth welcomes among its staff 40 participants from social integration or rehabilitation programs such as the provincial "Aide et accompagnement social" program (PAAS Action). Sun Youth collaborates with readaptation centers for intellectual disabilities such as the CRDITED de Montréal and the West Montreal Readaptation Center (WMRC).

Staff and volunteer appreciation days

On September 30th a staff appreciation day was held at the Arbraska Park. Employees participated in a GPS rally. After this activity, the staff enjoyed delicious dishes prepared by M. Gerard Catering.



Staff and volunteers posing with participants from social integration or rehabilitation programs to highlight the 2018 Intellectual Disability week held March 11th to 17th, 2018.

1806

Number of volunteers who contributed in 2018.

Board of Directors

Mr. Nathan WEINSTEIN
First Vice-president
Private sector (corporate management, real estate)

Mr. Dimitrios MANOLOPOULOS
Second Vice-President
Private sector (Senior Director, banking industry)

Mr. Bob MIRONOWICZ
President
Private sector (self-employed)

Mr. Marwan HAGE
Administrator
Private sector (corporate management, real estate)

Mr. Earl DE LA PERRALLE
Administrator
Non-profit sector (Co-founder and Executive Director, Sun Youth)

Mr. Kevin ABARBANEL
Administrator
Private Sector (Web development)

Mrs. Jennifer ROMAN
Administrator
Private Sector (Marketing and branding strategy)

Mr. Sid STEVENS
Administrator
Non-profit sector (Co-founder and Executive Vice-President, Sun Youth)

Mr. Farrell DUCLAIR
Administrator
Private sector (corporate management, real estate)

Mr. Peter THOMPSON
Administrator
Private sector (Senior Vice-President, insurance industry)

Finances

Sun Youth is a registered charity and a non-profit organization. Its financial situation relies primarily on the generosity of private and corporate donors and of foundations. Governmental grants account for 13% of Sun Youth's funding.

In 2017-2018, Sun Youth received 7,007 monetary donations for which a receipt was delivered. Each donation is vital and allows Sun Youth to continue its work in the community. We also wish to thank our partners of the private sector, the City of Montreal and the media community for their generous support.

The independent accounting firm of Raymond Chabot Grant Thornton is appointed to perform the annual audit of Sun Youth's financial statements. Revenues for 2016-2017 were \$6,960,000 and \$3,760,000 for 2017-2018. Sun Youth's administration fees are below the 10% bar.

\$3,760,000

Revenues for 2017-2018.



Fundraisers

Sun Youth organizes two annual fundraising campaigns, one during summer and the other during the Holiday Season. Both campaigns are meant to finance its activities. Sun Youth also receives financing from foundations and private donors who wish to bring their support to programs or activities in relation to their social commitment. In order for Sun Youth to receive such funding, foundations require regular follow-up reports on the expenses and activities related to their contributions

La Grande Guignolée des Médias

The 17th Grande Guignolée des médias (Big Media Food Drive) held on December 7th 2017, helped raise \$546,166.63 in the Montreal area to the benefit of Sun Youth, the Société Saint-Vincent-de-Paul and Moisson Montréal. The collect lasted through the whole month of December in our friend's stores : Jean Coutu, Provigo Loblaws and Maxi.

Train Show

On September 30th and October 1st, 2017 was held Sun Youth's Annual Model Train Show, a fundraiser for the organization's sports & recreation programs. Featuring some 70 exhibitors, vendors and offering fun activities for the whole family, the show featured the largest collection in North America of model railroads that children can operate. In addition to trains, children could play with other miniature vehicles such as race cars, radio-controlled cars and tanks, etc. Trains could be bought and sold at the show.

Throughout the weekend, thousands of people visited the exposition, thus contributing to the financing of Sun Youth's Sports & Recreation programs by generating revenues close to \$9,000. Many thanks to Ivan Dow,

Chief-Organizer of the event, to the numerous exhibitors and to everyone who visited the exhibition.

Mordy Gordon Commemorative Golf Tournament

For the past 14 years, the Sun Youth Annual Mordy Gordon Memorial Golf Tournament was held at one of Canada's most renowned golf course, the Elm Ridge Country Club. In addition, Sun Youth hosted, in collaboration with Burovision, its very first Bike-A-Thon which was a great success. On August 10th, 2017, 140 golfers and 30 cyclists gathered to support Sun Youth's Sports & Recreation Programs for children. During this special day, more than \$100,000 were raised, which brings the total of collected funds to \$900,000 since the inception of the tournament in 2004.

\$100,000

We reached the \$100,000 mark for the funds raised through our Annual Golf Tournament and Bike-a-Thon.

After this beautiful summer day, cyclists and golfers both joined for cocktails and were treated to a delicious supper. As is now the tradition, guests could bet on an array of items at a silent auction while a few selected prizes were offered in a live auction. Special thanks to the tournament partners Des Sources Chrysler Dodge Jeep RAM Fiat and Burovision for once again renewing their support, as well as the tournaments major sponsors Herzing College,

CLV Group, RBC Dominion Securities, Fabricon Distributors Inc., Pipe & Piling Supplies Ltd., Scotiabank, the National Bank of Canada and Lufthansa Group. Our sincere thanks to special guests Anthony Calvillo and his wife Alexia Calvillo, Hornets alumni Lizanne Murphy, former Montreal Alouettes' coach, Jacques Chapdelaine and his wife Kim Chapdelaine, and the spouses of the Montreal Alouettes' players who all helped make this event a success. Special thanks to Montreal comedian Joey Elias and Jacques Bernard for hosting the evening. Hope to see everyone back next year on August 9th, 2018 for the 15th anniversary of Sun Youth's Golf Tournament!

Matthew Salsa Golf Tournament

The tournament was created in order to honour the late Matthew Salsa who passed away suddenly in 2012. At 18 years of age, Matthew was considered to be one of the best junior golfers in the province and most importantly a great individual and a model citizen. Admirably, Matthew's parents have chosen to pledge the funds raised from their son's tournament to helping others. Thanks to the generosity of all those in attendance, \$ 74,800 were raised to profit Sun Youth Organization and Golf Québec.

Brotherhood Hockey Association

The Brotherhood Association, held two fundraisers for Sun Youth this year. The first one, held on April 29th, during the *Ligue Féderale des As* 2017 season finale game, helped raise \$8,200 for our SLAP Hockey development program and the second one, held on August 28th, raised another \$7,300 for our food bank, for a grand total of 15,500 in 2017.



The bikers at the starting line of our very first Bike-a-Thon, which was held on August 10th, 2017.

Canada Québec Montréal



[THE TENAQUIP FOUNDATION](#)



FONDATION
MARCELLE ET JEAN COUTU



THE J.W. McCONNELL
FAMILY FOUNDATION

LA FONDATION DE LA
FAMILLE J.W. McCONNELL

Matthew Salas
MEMORIAL TOURNAMENT

DESSOURCES
DODGE CHRYSLER Jeep

BUROVISION
un concessionnaire knoll

TOYOTA
houle
MONTRÉAL

À votre service

DEPUIS 1953

Highlights 2017-2018

In 2017-2018, 24,737 food baskets were distributed to 7,125 families. In addition, 4,121 Christmas baskets were distributed between December 16th and December 24th, 2017 for a total of 28,858 food baskets for the whole year.

During the 2017-2018 winter season, we assisted 39 families in their negotiation with Hydro-Québec. In additional, 5 families received heating oil thanks to the support of the industry. For the same period, \$8,096 were paid in heating bills for less fortunate families in emergency situations thanks to our Valentine's day fundraiser at le Robin des Bois restaurant.

Since the summer of 2017, Sun Youth has been offering, in collaboration with Baseball Pierrefonds, the Pierrefonds-Roxboro Borough and the City of Montreal, an intro baseball program called PALS. This new development program would not have been possible without the support of Mayor and City Councillor of Pierrefonds-Roxboro, Mr. Dimitrios Jim Beis, and the City of Montreal, which allowed many children to become future baseball players.

Through the City of Montreal Child Policy, Sun Youth assisted, in 2017-2018, close to 920 children from 30 different Montreal elementary and high schools by providing them with school supplies, new clothing, free eyeglasses, access to medication and dental care. The assistance provided is valued at \$75,738.22. We would like to thank the Jean Gaulin Foundation for its generous contribution of \$25,000.

For the 14th consecutive year, Sun Youth held its Annual Mordy Gordon Memorial Golf Tournament and its very first Bike-A-Thon. On August 10th, 2017, 140 golfers and 30 cyclists gathered to support Sun Youth's Sports and Recreation Programs for children. During this special day, more than \$100,000 were raised, which brings the total of collected funds to \$900,000 since the inception of the tournament in 2004.

On October 26th, 2017, Sid Stevens and Earl De La Perralle were honoured with the Sheila and Victor Goldbloom Award, which recognizes the outstanding work of individuals who have made outstanding contributions to Quebec's English-speaking community.

This year our Bantam football team became the QBFL champions. They were also for the first time the Inter-Provincial Bowl Series Champions. The overall performance by all the Hornets football teams all making the playoffs demonstrates great promise for next year's season as the coaches will have plenty of talent to work with.

The Sun Youth football coaching staff was recently named the La Presse+ "Personnalité de la semaine" highlighting their volunteer efforts for the season.

On February 3rd, 2018, the Quebec Midget Football League (QMFL) honoured Earl De La Perralle with their first "Lifetime Achievement Award" in recognition for more than 40 years of service to the league and to the Greater Montreal community.

This year, three of the Sun Youth Hornets basketball teams won their respective championships. Sun Youth's Midget AAA, Mini AAA and Mini AA proved during the Montreal Basketball League (MBL) playoffs that hard work really does pay off.

A team of 1,806 individuals lent a helping hand during the year. They have done 176,053 hours in volunteer work as coaches, tutors, youth leaders, counsellors or receptionists which is the equivalent of 80 full-time jobs (40 hours a week).

